How to Challenge and Support Your Son at Home
Rationale:

- Children of parents who take an active interest in their schooling, progress 15% more in maths and reading between 11 and 16 years than other children.
- Gains in pupil achievement that stem from parental involvement activities tend to be permanent.
Aims

- To share ideas of good practice.
- To understand the learning process and how to support your child.
- To think about creative challenges and support mechanisms for your child.
What Do Grammar School Pupils Need to learn?

- They need to feel comfortable with themselves.
- They need to develop their full potential.
- They need to have the tools to lead a happy, moral, and fulfilled life.
Shijuka Arakawa
2006 Olympic Champion

Has fallen over approximately 20,000 times.
How Can I Help?

- Through the way you ask him questions.
- Through the way you encourage his constant learning.

Carol Dweck - Mindsets
<table>
<thead>
<tr>
<th>Fixed mindset</th>
<th>Growth mindset</th>
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</thead>
<tbody>
<tr>
<td><strong>Intelligence is a given</strong></td>
<td><strong>Intelligence can be developed</strong></td>
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<tr>
<td>Leads to a desire to look smart and therefore tendency to:</td>
<td>Leads to a desire to learn and therefore tendency to:</td>
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<tr>
<td>Avoid challenges as can’t risk failing</td>
<td>Embrace challenges willingly</td>
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<tr>
<td>Can get defensive or give up too easily</td>
<td>Persist in the face of setbacks</td>
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<tr>
<td>See effort as fruitless or sign of weakness</td>
<td>See effort as the path to mastery</td>
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<tr>
<td>Ignore useful negative feedback</td>
<td>Learn from criticism and welcome the feedback.</td>
</tr>
<tr>
<td>Feel threatened by the success of others, leading to fragile self confidence and relentless perfectionism</td>
<td>Find lessons and inspiration in the success of others</td>
</tr>
<tr>
<td><strong>As a result, may plateau early and not</strong></td>
<td><strong>As a result, can reach ever higher levels of</strong></td>
</tr>
<tr>
<td></td>
<td>creativity</td>
</tr>
</tbody>
</table>
Bloom’s Theory

KNOWLEDGE

COMPREHENSION

APPLICATION

ANALYSIS

SYNTHESIS

EVALUATION

KNOWLEDGE
An Example

- Consider the way Jan Vertonghen tackled Roberto Firminio, if you were the coach what set of instructions would you give [application]?
- Explain the difference between the defending styles of Trent Alexander Arnold and Pablo Zabaleta [comprehension].
- What is the offside rule [knowledge]?
An Example

- Assess the contribution of Eden Hazard to the team’s performance [evaluation].
- If you were planning a defensive game, which formation would have the best result [synthesis]?
- Analyse the turning point in the game. Why did it occur [analysis]?
Which would you choose? Why?
How Can I Help?

- Through the way you ask him questions
- Through exploration
- Through problem solving
- Through promoting creativity
- Through encouraging leadership
- Through encouraging him to learn something new
- Through taking an interest.
Organisation

- Does your son’s room look like this?
This is how they probably feel

Be like a duck.
CALM ON THE SURFACE,
BUT ALWAYS PADDLING
LIKE THE DICKENS
UNDERNEATH.

Michael Caine
Tips to help

- Give them their own work space.
- Create an Organisation chart for them, so they know what to bring to school and pin it on the back of the bedroom door.
- Encourage them to use Homework Club.
- Allow 15 minutes at the end of the night to pack for tomorrow.
Time Management/Homework

- Your son has already completed over 70 pieces of homework..........
- 3 months ago they had never heard of homework!

KEEP CALM AND DO YOUR HOMEWORK
Tips to help

- Give them an allocated time slot each night
- Make it no more than an hour (3 x 20 minutes)
- ‘Down time’ is vitally important. They are still kids
- Ask them to show you work once it is completed otherwise the ‘nagging’ effect kicks in.
- Be clever in your use and understanding of Show My Homework
- Encourage them to use Homework Club
- To go alongside your Organisation chart, sit down with them and create ‘The Week Ahead’