

FREE WEBINARS FOR PARENTS & CARERS

supporting your neurodivergent child
with mental health and wellbeing

Provided by your Mental Health Support Team

@EssexMHST_and_SETcamhs

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Coming up in July...

**Helping Neurodivergent
Children and Young People with**

Sensory Needs
30th July 10 am

Meltdowns and Shutdowns
31st July 10 am

