

# SOUTHEND HIGH SCHOOL FOR BOYS

## ACADEMY GRAMMAR SCHOOL

Prittlewell Chase, Southend-on-Sea, Essex, SS0 0RG  
(01702) 606200 enquiries@shsb.org.uk www.shsb.org.uk

Headteacher: Mrs R V Worth



March 2026

### Year 12 Psychology Support Sessions

Dear Parent/Carer,

You are receiving this letter because your son/daughter's current grade in Psychology is a D or below.

We are writing to inform you about additional support sessions that have been put in place and to actively encourage your son/daughter to attend. These sessions are intended to support students in consolidating their understanding of key content, developing exam skills, and building confidence as they continue their A-Level Psychology course.

The sessions will run weekly as follows:

- **Wednesday lunchtime from 1.10pm in E11 with Dr Frost**
- **Thursday lunchtime from 1.10pm in S7 with Mr Foley**

Attendance at these sessions will allow students to revisit areas they found challenging, practise exam-style questions, receive targeted feedback, and develop more effective study strategies. Engaging with this support at this stage of the course is particularly important in helping students get back on track before moving further into Year 12 and beyond.

We strongly encourage your son/daughter to take advantage of this additional support. Regular attendance, alongside independent revision and engagement with feedback from their In-Year Assessments, will be key to improving progress.

If you have any questions or concerns, please do not hesitate to get in touch.

Thank you for your continued support.

Yours sincerely,

*Dr Frost*

Dr Helen Frost  
Leader of Psychology

