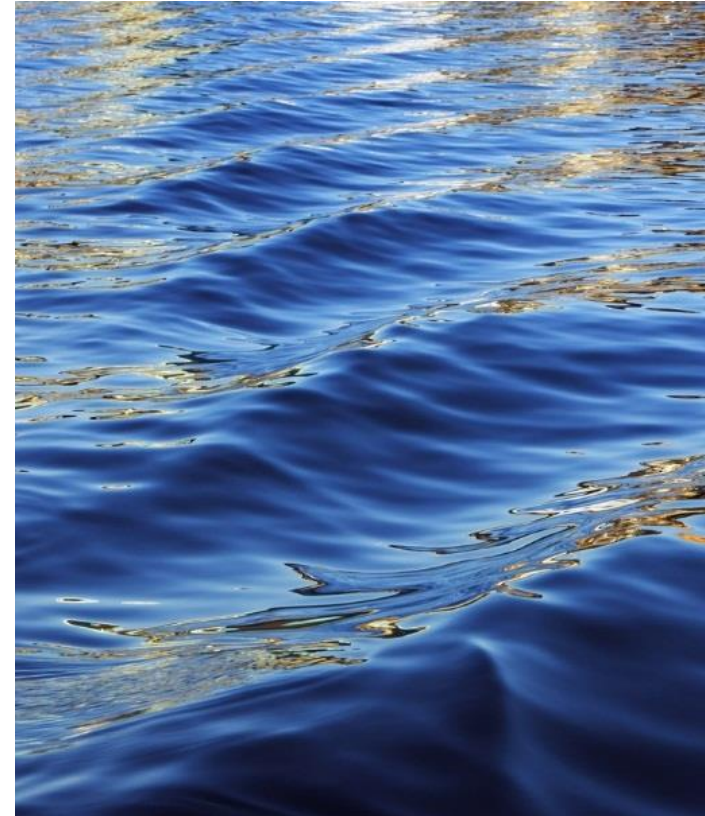


FSC

FSC Juniper Hall Online Information Evening

19th November 2025, 5pm

Year 13 Biology Field Trip 26th Nov – 28th November

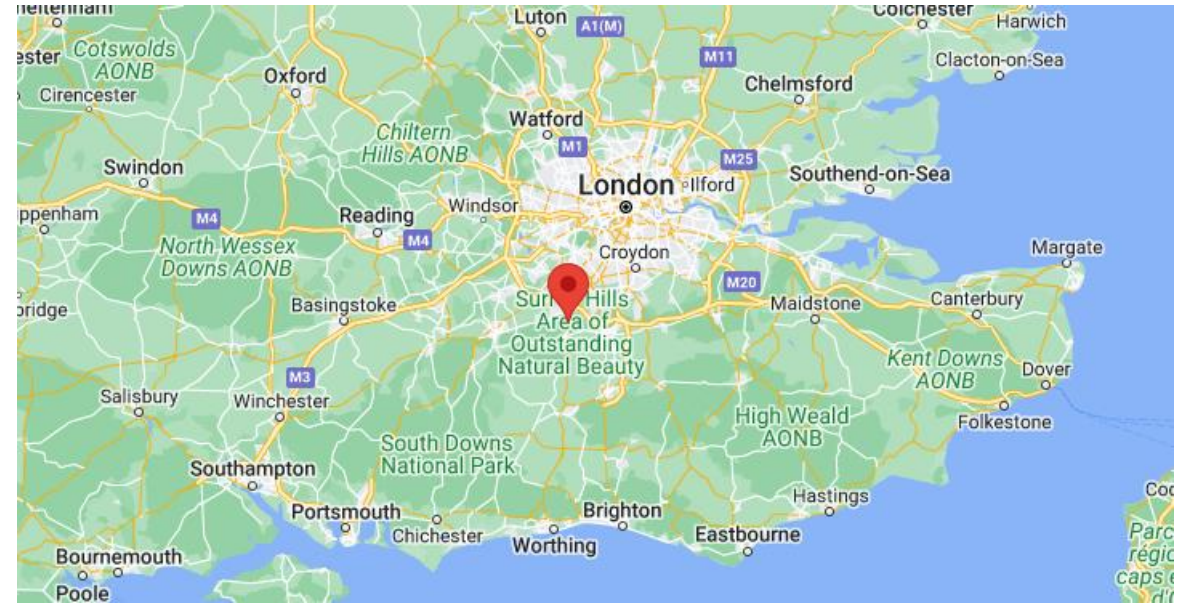


Welcome & Members Of Staff Accompanying Your Child

- Mrs Ghir Teacher of Biology, Trip Organiser and Teacher in Charge
- Mrs Brook Head of Biology
- Mr Reynolds Teacher of Physics
- Amy Willat Biology Technician

AGENDA

- Outline Itinerary
- Facilities
- Student conduct/behaviour
- Equipment and Kit-list
- Outdoor Health Information
- Contact Information
- Q&A





Itinerary



Wednesday 26th November 2025 AM

- ✓ Meet in the **sixth form common room** for 9.00am
- ✓ Students must bring a **nut free** packed **lunch** (*including a soft drink or a bottle of water*) for the first day.
- ✓ **Not nut or peanut containing products to be brought or consumed during the trip days, due to severe allergies of attendees.**



Wednesday 26th PM – Day 1

12.00	Arrival and welcome -
12.30	Shown into rooms, unpack and eat lunch in the grounds (<i>bought from home</i>)
13.00	Meet the tutors. Borrow waterproofs and walking boots <i>if required</i> . Intro to course <ul style="list-style-type: none">• Mini investigation walk to Lodge Hill -Wood land diversity• Discussion of random sampling, demonstration of methods and collection of data• Collection of data from second site. Return & cakes – Data analysis & stats Pond snails capture mark release recapture
17:45-19:00	Dinner. Allocated sittings start between 17:45 and 19:00.
19.00	Introduction to zonation at the rocky shore and preparation for Thursday's coast investigation
20:00	Free time: Use of shared common rooms and old library bring board games!



Thursday 27th - Day 2

07:45 Breakfast and make packed lunches. Allocated sittings between 7:45 - 9:00 am. Free time until morning activity starts.

09.00 Meet tutors. **Drive 9am to coast Ovingdean, BN2 7HG (1.5 hours), walk to Ovingdean Beach (10 mins)**

Investigation into effect of an environmental factor on the distribution of the species found at the Rocky Shore.

Lunch around 12.00pm on beach. **If inclement weather alternative is fresh pond water sampling.**

17:45 Dinner. Allocated sittings start between 17:45 and 19:00.

19:00 Analysis of data collected at the Rocky shore statistically and formulate conclusions followed by pond snails and mammal trapping in the grounds of Juniper Hall.

20:00 Free Time

Friday 28th – Day 3 & Return

AM Stripping of beds of bedlinen, bedrooms need to be cleared, and bags packed before breakfast.

07:45 Breakfast and make packed lunches. Allocated sittings between 7:45 - 9:00 am. Move luggage out of bedrooms to secure storage area. Free time until morning activity starts.

09.30 Meet tutors and open mammal traps. Then walk to Mickleham Downs where an introduction to secondary succession and a mini-investigation will take place.

12:00 Leave Juniper Hall and drive back to SHSB.

1:30- Arrive back at SHSB. Arrival time traffic dependent.

2:30



Facilities

Video Tour

<https://www.youtube.com/embed/KgJ2T8glsKU>

Virtual Tour

https://vt.field-studies-council.org/file/fsc-website-virtualtours/juniperhall/index.html?_gl=1*_qghf89*_ga*ODcxMzI5MDMzLjE2NjgxNzQ2Mjg.*_ga_KXC04X3GBL*MTY2ODE3NDYyOC4xLjEuMTY2ODE3NDgyMi4wLjAuMA..



- **Wi-Fi:** Free Wi-Fi through-out the centre
- **Rooms:** Accessible by a code written on the back of the door
- **Linen:** All bedding is provided
- **Common Room** with TV, games and hot and cold drinks.
- **Tuck Shop** – restricted timings accept card



Dining

Students will be provided with:

- Hot breakfast
- Packed lunch (**not for the first day*)
- Choice of evening meal
- Free hot and cold drinks. Facilities are dotted around the centre (tea/coffee/juice/water)
- Afternoon cake break each day except the last.

Note the centre caters for any dietary requirements.

These need to have been indicated on the parental consent form.





Student behaviour and expectations

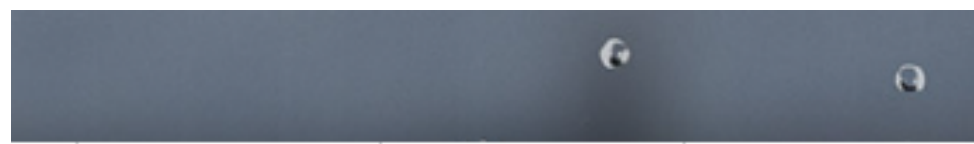
- We always expect exemplary behaviour from all students.
- This is a school trip and school rules apply as normal.
- *No alcohol, to be brought, purchased or consumed on the trip, regardless of age.*
- *No vapes/cigarettes/ recreational drugs/ illegal substances.*
- Parents will be contacted by staff if there is a breach of trust and the rules. ***In serious cases the head will be informed, and a student may be removed from the trip at parents' expense.***
- Students are to follow all of the rules set out by the centre
- Students are to follow all instructions given by the centre staff and teachers (loco parentis) supervising the trip.
- **Students are not to leave the field centre at any time of day or night**
- **Do not go into other student' rooms.**
- All personal belongings brought on the trip are the responsibility of the student
- Students are advised not to bring valuable items






Missed lessons and catch up
















- It is the student's responsibility to catch up on any missed work including homework/s from other lessons before your next lesson.
- Please communicate and liaise with your subject teachers prior to and after the trip.





	Wed 26th	Thu 27th	Fri 28th
7° 1°	 8° 5°	 11° 7°	 11° 8°



2100	2200	2300	0000 Thu	0100	0
					
1°	1°	0°	0°	0°	
					
0%	0%	0%	0%	0%	
					
10	10	10	9	9	



Equipment & Kit

- ✓ **Towel**
- ✓ Pyjamas
- ✓ Wash kit
(please do not bring aerosols as these can set off their fire alarm)
- ✓ **All Personal medicines eg. Asthma inhalers, medications for allergies including 2 epipens etc,**
- ✓ **Antibacterial gel and plasters.**
- ✓ **Walking boots/shoes (can be borrowed)***
- ✓ **Wellies (can be borrowed)**
- ✓ Thermal underwear/thermal base layer
- ✓ Warm trousers *(jeans are not good as become cold when wet)*
- ✓ Warm sweaters
- ✓ **Waterproof coat (can be borrowed)***
- ✓ **Waterproof trousers (can be borrowed)***
- ✓ Thick socks *(several pairs in case they get wet)*
- ✓ Gloves, hats and scarves
- ✓ Change of clothes for evenings
- ✓ Indoor shoes/trainers
- ✓ Rucksack
- ✓ Folder
- ✓ Notebook
- ✓ Calculator
- ✓ Pencil case with Pencils, pens, ruler, rubbers etc
- ✓ Torch
- ✓ Thermos flask and/or drinks bottle *(empty)*
- ✓ Lunch box/bag
- ✓ Small Umbrella (just in case of rain)
- ✓ **Optional:** Snacks for outside of the main meals **(nut free, no chewing gum)**. Tuck shop open at certain times only. **Bring a card as cashless payment is preferable by centre.**



**no cigarettes, no vapes/e-cigarettes,
no alcohol (basically no recreational drugs
to be brought on this educational school trip)**

*These items can be borrowed from the centre free of charge, however they recommend you bring your own



Outdoor Health Information

The centre has asked all students to be aware of:

- **Ticks**
- **Harvest mites**
 - can cause an itchy rash

- ✓ Do not sit directly on the grass, sit on a waterproof coat or similar to create a barrier
- ✓ Wear long sleeves and trousers, tuck your trousers into your socks, long socks are ideal.
- ✓ Bring a general insect/tick repellent



<https://www.jungleformula.co.uk/products/#Outdoor-and-Camping>

Waterborne diseases: All year-round

To reduce the risk of contracting waterborne disease at river sites:

- No hand-mouth contact (includes eating/drinking during fieldwork)
- Cleaning hands prior to meals and on return to the Centre
- Covering open cuts that are likely to come into contact with infected water with tape, waterproof dressings and protective gloves

If individuals wish to wear gloves for their own peace of mind they may do so.

The infection that carries the greatest risk is Weil's disease (Leptospirosis) however the chances of contracting this disease are very low. Symptoms include:

- A feeling of having a 'flu-like' illness
- Above normal temperature and/or a feeling of chill
- Pains in joints and muscles – calf and back muscle pains being particularly noticeable
- May sometimes be accompanied by a skin rash (similar to that of meningitis)

If course participants develop any of these symptoms within four weeks of their return from the field trip, they are advised to consult their family doctor, mentioning the possibility of Leptospirosis. Treatment by antibiotics in the early stages is highly effective.

E. Coli: All year-round

By being outside in the environment there is a risk of coming into contact with faecal matter on and in soil, plants, animals and other surfaces that have been in contact with them. E. Coli 0157 can cause diarrhoea, fever, aches and stomach cramps for up to 2 weeks from initial infection and for two weeks duration. If you are having these symptoms, please see your GP.

However, risk is massively reduced by simple handwashing with soap and warm water. Where this is not available hand sanitiser will be provided at field sites. Waterproof plasters or Nitrile gloves can be worn by course participants if hands have cuts on them.

For further information [Escherichia coli \(E. coli\): guidance, data and analysis - GOV.UK \(www.gov.uk\)](https://www.gov.uk/guidance/escherichia-coli-e-coli-guidance-data-and-analysis)

Students can bring own plasters and nitrile gloves

Hand-washing technique with soap and water



Important reminders

- Your child can not attend without parents completing and sending form back asap.
- Please give details of medications needed, for food allergies.
- Please repeat the form and enter this under medical.
- All medications/pain relief to be brought by students. Please ensure office holds EpiPens that are in date for duration of trip. Contact main office if unsure.
- In addition, students must bring 2 of their own, in date EpiPens and to always be on them.

Contact Information

- During School hours: School Office number: 01702 606200
email: enquiries@shsb.org.uk

- Out of school hours and in case of emergency contact:

Trip designated mobile numbers:

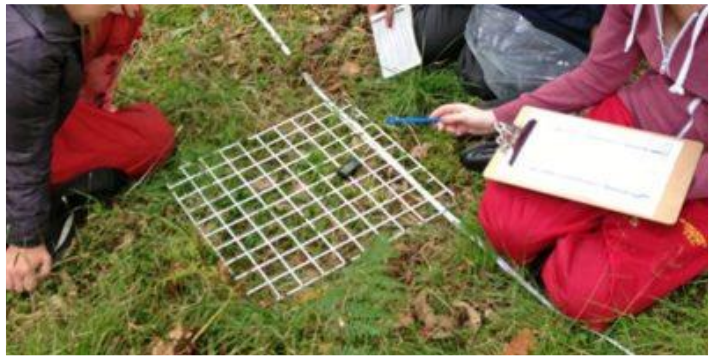
mobile1: 07545211616 mobile 2: 07981770404

- On Friday (return day) we will inform the school office of our estimated time of arrival, approximately 1 hour before ETA



Thank You

Mrs Bindi Ghir – TRIP ORGANISER
bqg@shsb.org.uk



Q AND A

ANY QUESTIONS?
