

# SOUTHEND HIGH SCHOOL FOR BOYS

## ACADEMY GRAMMAR SCHOOL

Prittlewell Chase, Southend-on-Sea, Essex, SS0 0RG  
(01702) 606200 enquiries@shsb.org.uk www.shsb.org.uk

Headteacher: Mrs R V Worth



September 2025

### Food Technology Contributions

This year, following on from the success of the delivery of the Ministry of Food lessons, we have decided to continue to provide ingredients for all food technology lessons in year 8. Students will be working individually to continue to develop their cooking skills whilst working with a range of ingredients high in protein. They will produce a range of both sweet and savoury dishes.

We are going to be providing the ingredients this year for these 10 lessons, to enable us to cook and cover all the preparation techniques included. Hopefully this will mean we can also make food technology lessons much easier to prepare for, ensuring all pupils have what they need each lesson and to take the pressure off parents to provide ingredients.

The cost will be £2 per lesson, and as there are 10 lessons we are asking for a contribution of £20 per student for the year. Students will still need to bring a suitable container for each lesson to take home the items they have cooked.

I am sensitive to the many financial demands that are made on parents but my aim is to maintain the high standards of attainment and motivation of our pupils; without your support this would not be possible. Where there are cases of family hardship, do please feel free to contact me.

Please make all donations via wise pay Under shop > miscellaneous, as well as completing the following form if your son has any dietary requirements: <https://forms.office.com/e/PLLxKf2erY>

Yours sincerely

Mrs E Tyler  
Food Science and Biology Teacher

