

My trip to London,
May 24th 2024



What I can expect.



- I am going to TP Bennett
- TP Bennett is an architectural and design practice in London



There is a change to my routine.

- At 6.50AM , I will wait next to the SHSB pupil entrance on Prittlewell Chase by the fence (away from the road). I will be in full school uniform.
- I will be asked if I have a drink and snacks with me.
- I will be asked if I need to go to the toilet.
- I will be instructed to find a seat on the coach.



On the coach:

- We will leave when everyone is on the coach and it is safe
- I must wear my seat belt at all times unless a member of SHSB staff tells me not to
- I will be sitting on the coach for some time and will need to respect everyone's personal space
- I will be patient while travelling and ask for staff assistance if I need



I can do things to help pass the time on coach:

- Listening to music
- Play digital games
- Talk with the people around me
- Eat my snacks and drink (I am responsible for my litter)
- Use the toilet if I need before arriving at the venue



When I arrive at the venue:

- I will be told when I can remove my seat belt.
- If allowed, I will leave my things on the coach that I do not need (I might be required to carry everything with me all day).
- I will listen to instructions to get off the bus



- When I get off the coach there might be unfamiliar smells or sounds.
- I will follow the instructions from the members of staff
- I will always stay on the path unless told to cross the road.
- The group will be greeted and told directions by someone I don't know
- I will follow staff to the room we will be working in
- I will be shown where the regulation space is and where the toilet is

This is how I will get to the meetings room

I will walk through this door



I will walk along this railed hallway



I will arrive at the meetings room

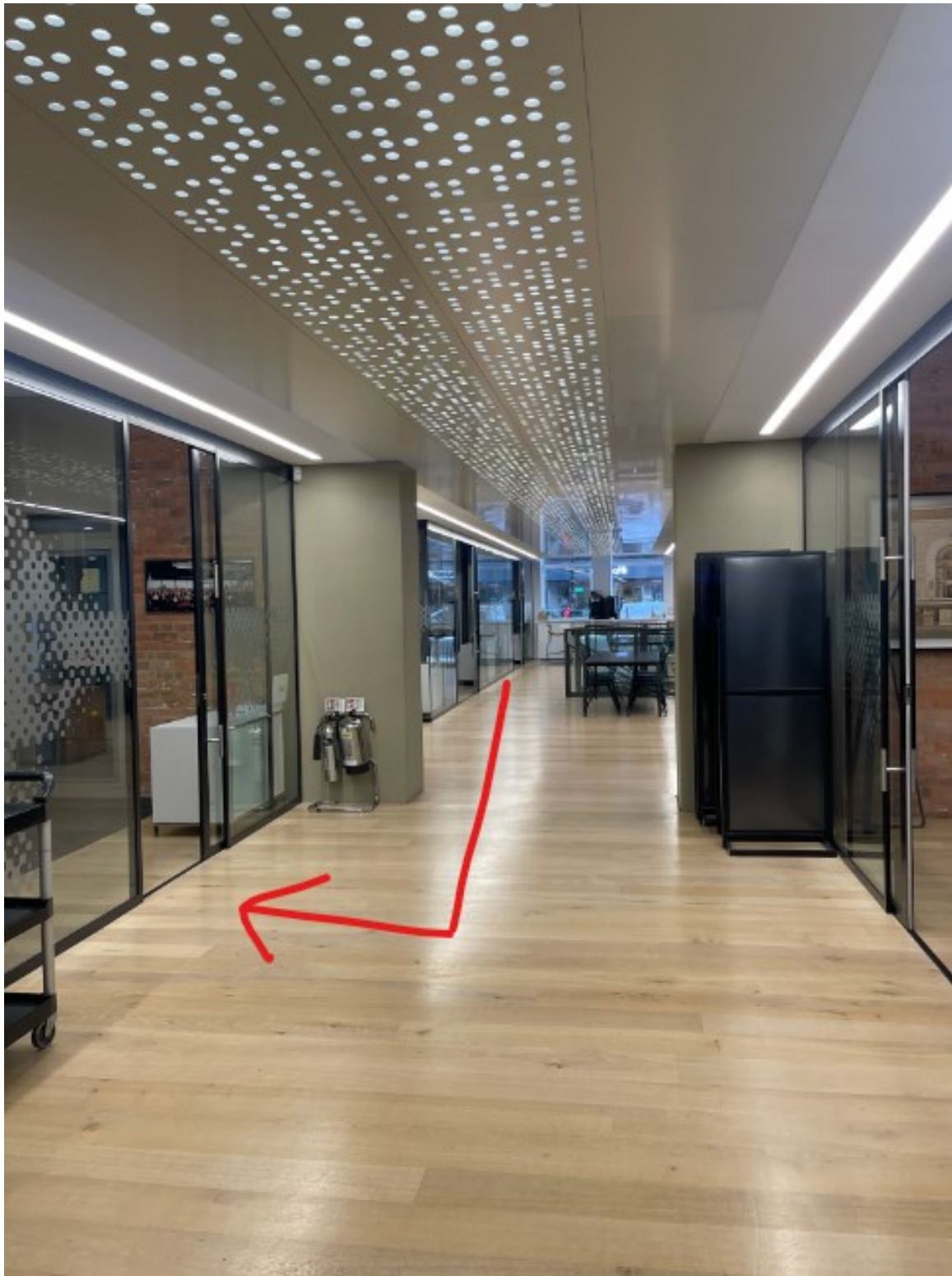


If I need to regulate or take a break

I will walk out of the meetings room,
turn right, and walk toward the tv on wall

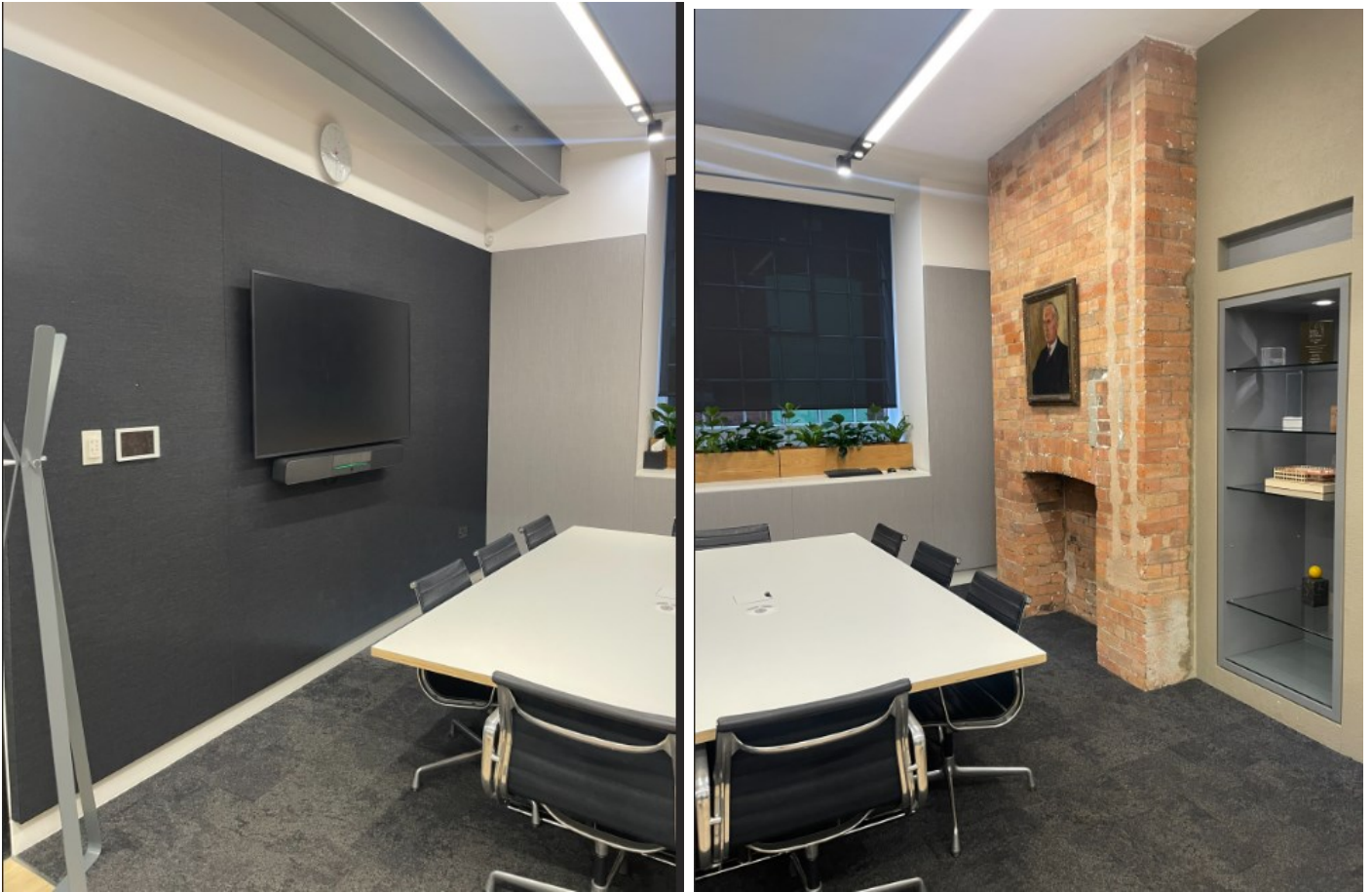


I will walk past the tv on the wall and on my right will be a small meetings room



I will arrive at a small meetings room where I can take a break and regulate





Here is where I can take a break

Before the main break I will:

- Have a tour to know where I go if I need the quiet space or use the toilet
- Have a welcome talk from TP Bennett
- Participate in a workshop in a job in construction
- Have a mini break
- Participate in another workshop in construction



At break I can:

- Have something to eat/drink.
- Go to the toilet.
- Use my phone / play a game on my own or with someone
- I will be able to stop this when the break ends **and** stay regulated



Toilets

- I will be given a 5 minute timer to tell me when the break is going to end.
- I must stop my break time activity when I am told to.

Before lunch I will:

- Participate in 3 workshops in construction
- Have mini breaks in between each workshop





At lunch I can:

- Have something to eat/drink
- Pizza and squash/water will be provided for me with flavours that my parent/guardian told the school I like.
- Go to the toilet.
- Use my phone / play a game
- I will be able to stop this when the break ends **and** stay regulated
- I will be given a 5 minute timer to tell me when the break is going to end.
- I must stop my break time activity when I am told to.

After lunch time I will:

- Participate in 2 more workshops in construction
- Have 2 mini breaks
- Receive a summary presentation of the day





When the workshops have finished I will:

- Thank the people that delivered the workshops.
- Collect all my belongings (I will not be able to come back here to collect them).
- Go to the toilet before our return trip
- Follow the SHSB staff to the coach and listening to their instructions on road safety.



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When we arrive back to school



- I will be told when I can remove my seat belt.
- I will listen to instructions to get off the bus
- I will take all my things with me
- I will wait for my approved guardian for pick up