



Safeguarding Newsletter

Welcome to our Newsletter

Why have a Newsletter?

Safeguarding is such an important issue for our children and young people that we have decided to have a half termly newsletter that shares key information and advice with parents, staff and children so that we can all work together with the same aim of keeping children safe in school, at home and in the wider community.

We are aware that students and parents sometimes wish to raise safeguarding concerns. Please contact us through enquiries@shsb.org.uk if there is a general concern that you wish to share. Alternatively, if you wish to discuss a confidential safeguarding concern, please email the safeguarding team below directly at safeguarding@shsb.org.uk.

Our Designated Safeguarding Leads

Any safeguarding or child protection concerns **MUST** be reported to the Designated Safeguarding Lead or the Deputy Safeguarding Leads. Safeguarding is **EVERYONE'S** responsibility.

MRS R WORTH



Designated
Safeguarding Lead

MR J BRANDON



Deputy Designated
Safeguarding Lead

MR C FOLEY



Deputy Designated
Safeguarding Lead

MR G MARCH



Deputy Designated
Safeguarding Lead

We have prepared key information on the school website for parents to access important documents and contact details. Please have a look at:

www.shsb.org.uk

Missed an issue? All previous newsletters are available on our website under Safeguarding.

In this issue we are focusing on

- online safety
- mobile phone policy
- filtering and monitoring
- Instagram privacy settings

Online Safety



Our newsletter this term focuses on online safety.

Whilst we work hard to keep children safe online when at school, there are lots of resources available for parents. The organisations that we are highlighting today are Internet Matters and the NSPCC. We have also provided a number of resources relating to specific apps and online safety related issues on our website.

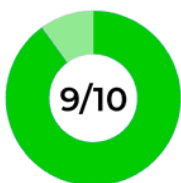


Internet Matters have a range of resources available to help parents set up parental controls on mobile devices and within the home.

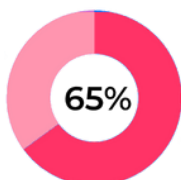
What are parental controls?

Parental controls are the names for a group of settings that put you in control of what content your child can see. Combined with privacy settings, these can help you protect your children from inappropriate content, online grooming, cyberbullying and other online safety issues.

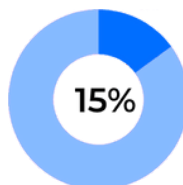
Remember that parental control settings are only one part of online safety. Make sure that you have regular conversations with your child about their online lives, helping and guiding them through any issues that come up.



More than 9 out of 10 parents of 5-15s who use parental control software consider it useful



65% of young people aged 11-16 are in favour of the controls



15% of teens say parental controls and restrictions should only be taken away once they're over 18 years of age

Many parents are put off using controls and settings as they think they will be difficult to set up, or complicated to use. Internet Matters has created a set of step by step guides for smartphones; search engines; broadband and mobile networks; and social media. Links to these guides can be found at <https://www.internetmatters.org/parental-controls>

The NSPCC have also provided advice on setting up parental controls. This advice can be found at <https://www.nspcc.org.uk/keeping-children-safe/online-safety/parental-controls/>

The NSPCC also suggests that whilst parental controls are a helpful tool, there are limitations. They shouldn't be seen as a whole solution. Parental controls are just part of the way you can help keep your child safe online.

More top tips include:

- Talking to your child. Explain why you are setting parental controls; to keep them safe. But also let them know that they can talk to you to discuss why certain settings are in place.
- Set good, strong passwords where you are able. On some parental controls you can set a password which prevents settings and features from being changed.
- Age is a significant factor; as children get older, restrictions and controls you use will change, but only at a pace that is appropriate for your child, not pressure from your child "because everyone else is allowed".
- Content filters are never 100% effective, it is likely at some point that your child will see inappropriate or upsetting content and it is important that you are able to talk to them about this.

Free online safety virtual workshop

The NSPCC also offers an online safety awareness course for parents and carers. This is a 40 minute online workshop that provides information about how to keep children safe in the online world. It covers topics such as online bullying, mental health and social media.

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/free-online-safety-group-workshops/>



Mobile Phones

MOBILE PHONES

We know that technology is here to stay! Developments in apps and online resources have meant that mobile technology is now part of our lives, whether we like it or not. We feel that it is our job, as a school, to help teach our students to embrace technology safely and appropriately. Our mobile phone rules are part of this. Copies of the full rules can be found in the school diary, but in summary please find the key elements below:

1. Between the hours of 08:30 and 15:30, mobile phones should be switched off and out of sight in the main school building, which means that students should not be listening to music and therefore we should not see headphones/earbuds.
2. In lessons, mobile phones can be used as a tool for learning but this is at the direction of a teacher. They should not be used to play games etc during lesson breaks.
3. Taking a picture or making a sound recording of any pupil/member of staff is forbidden.

Your help in reminding your child of these rules is appreciated.



Filtering and Monitoring

Schools in England (and Wales) are required to ensure children are safe from terrorist and extremist material when accessing the internet in school.

At SHSB we have a robust filtering and monitoring processes in place to ensure that students are safe online, whilst benefitting from the vast range of effective and engaging materials that effectively support learning.

Content Filtering

At SHSB the internet access that we provide is filtered and monitored by Sophos. Sophos is a cybersecurity provider, supporting many schools across the country. Its software provides critical malware, phishing website, and ransomware prevention. This helps to ensure the school can meet its duty of care to all students and staff by ensuring that access to inappropriate material is blocked.

Filtering is used to block a number of categories including inappropriate or illegal content, restrict security breaches and maintain sufficient bandwidth for all users. Sites are categorised by an industry-leading package with local administration to allow us to adjust filters for age-appropriate content (e.g. Sixth Form students have different filtering rules to lower school students). Staff are also subject to filtering and monitoring.

System Monitoring

We are committed to providing a safe and secure environment for our staff and students and therefore we monitor the activity of all accounts within our school network in order to meet our safeguarding obligations. Internally, we use Sophos to provide classroom management controls as well as e-Safety monitoring and reporting.

In addition to being able to monitor activity in real-time, e-Safety reports are generated and reviewed on a regular basis with any concerns being raised with the Designated Safeguarding Officer and followed up appropriately.

Filtering and monitoring is in place when using school devices and wi-fi only. If students use their 'data' on their phones, our filtering and monitoring systems will not apply.



Instagram's Community Hub is a central point of brilliant advice, including guides for parents and young people.

<https://about.instagram.com/community>

The Southwest Grid for Learning has published some guidance around privacy settings on Instagram.

Instagram is one of the most used platforms among young people and adults alike. Over the past decade, the platform has become ubiquitous and is an excellent source of entertainment and information for people globally. The global reach of the platform though, can be a cause for concern for those who have children or work with under-18s. The programme is principally a digestion source focused on images and videos, with a private chat function which for many is the sole reason for its use. In today's image focused society, it can be an outlet for how people wish to be perceived physically or in regards to their personality. As a result it actively encourages people to post about their personal life, in a way that would be detrimental should everyone have access to it. Privacy is optional on Instagram, and there is a wide spectrum of privacy options. To understand these options better the Southwest Grid for Learning has published resources aimed at achieving this goal. Please click on the link below to access the full guidance. Extracts can be found below.

<https://swgfl.org.uk/resources/checklists/instagram/>

Do you know how to report content?

If you see something that's not following Instagram's Community Guidelines (e.g. nudity or self-harm), you can report it from within the app or on [instagram.com](https://www.instagram.com).

- Tap ... (iOS) or ⋮ (Android) above the post
- Tap **Report**
- Follow the on-screen instructions




If you want to report someone that is impersonating you or someone you know, you can do that from within the Instagram app or on [instagram.com](https://www.instagram.com).

- Tap ... (iOS) or ⋮ (Android) in the top right of the profile
- Tap **Report**
- Follow the on-screen instructions

Do you know how to delete or report comments?





You can delete comments you've made, including photo or video captions, and comments that other people have left on your posts. You can also report comments you see on any post as being abusive or spam/scam.

- Tap  below the post or tap any comment.
- Swipe left over the comment (iPhone) or tap and hold the comment (Android) you'd like to delete.
- Choose if you want to **Delete Comment (bin)** or **Delete Comment and Report Abuse (!)**.



Hide comments and message requests

You can also choose to hide comments that may contain offensive words, phrases or emojis as well as unwanted message requests by turning on the following settings:

- Go to your profile, then tap  then click **Settings**
- Go to **How others can interact with you** on the left
- Click on **Hidden words**, and then you can:
 - Click  next to **Hide comments** to turn it off
 - Click  next to **Advanced comment filtering** to turn it on
 - Click  next to **Hide message requests** to turn it on

