



FSC

FSC Juniper Hall Information Evening

6th November 2023 at 6:00 pm

Year 13 Biology Field Trip 22nd Nov – 24th November

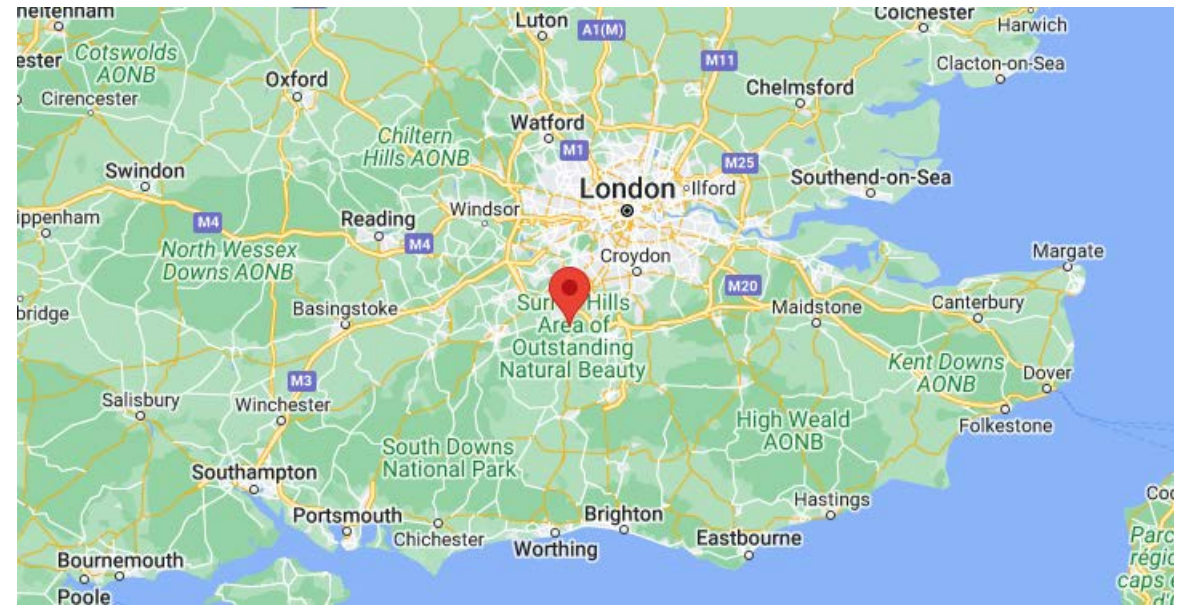


Welcome & Members Of Staff Accompanying Your Son/Daughter

- Mrs Ghir Teacher of Biology, Trip Organiser and Teacher in Charge
- Mr Hill Head of Science
- Mrs Brook Head of Biology
- Cynthia Beetar Science Technician

AGENDA

- Outline Itinerary
- Facilities
- Student conduct/behaviour
- Equipment and Kit-list
- Outdoor Health Information
- Contact Information
- Q&A





Itinerary



Wednesday 22nd November 2023 AM

- ✓ Meet in the **sixth form common room** for 9.00am
- ✓ Students must bring a ***nut free*** packed **lunch** (*including a soft drink or a bottle of water*) for the first day.



Wednesday 22nd PM – Day 1

12.00	Arrival and welcome
12.30	Shown into rooms, unpack and eat lunch in the grounds (<i>bought from home</i>)
13.00	Meet the tutors. Borrow waterproofs and walking boots <i>if required</i> . Mini-investigation: Investigate the impact of light and shade within the grounds of Juniper Hall. Students will trial and evaluate different sampling techniques, including pond snails.
17:45-19:00	Dinner. Allocated sittings start between 17:45 and 19:00.
19.00	Intro to statistics and introduction to the next day's investigation at the Rocky Shore in the workroom.
20:00	Free time



Thursday 23rd - Day 2

- 07:45** Breakfast and make packed lunches. Allocated sittings between 7:45 - 9:00 am. Free time until morning activity starts.
- 09.30** Meet tutors. Drive to coast (1.5 hours), via Seaford for toilet break and Walk to Hope Gap (20 mins)
Investigation into effect of an environmental factor on the distribution of the species found at the Rocky Shore.
- 17:45** Dinner. Allocated sittings start between 17:45 and 19:00.
- 19:00** Analyse their data collected at the Rocky shore statistically and formulate their conclusions followed by mammal trapping in the grounds of Juniper Hall.
- 20:00** Free Time

Friday 24th – Day 3 & Return

- AM** Stripping of beds of bedlinen, bedrooms need to be cleared and bags packed before breakfast.
- 07:45** Breakfast and make packed lunches. Allocated sittings between 7:45 - 9:00 am. Move luggage out of bedrooms to secure storage area. Free time until morning activity starts.
- 09.30** Meet tutors and open mammal traps. Then walk to Mickleham Downs where an introduction to secondary succession and a mini-investigation will take place.
- 12:00** Leave Juniper Hall and drive back to SHSB.
- 1:30-2:00** Arrive back at SHSB. Arrival time dependent on traffic.



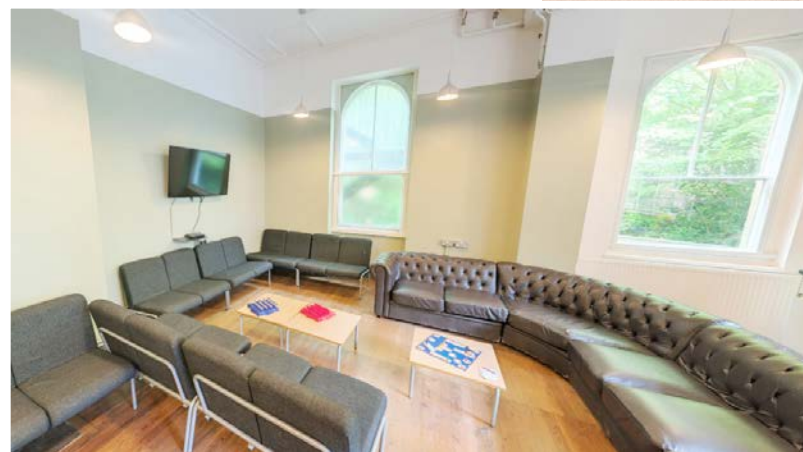
Facilities

Video Tour

<https://www.youtube.com/embed/KgJ2T8glsKU>

Virtual Tour

https://vt.field-studies-council.org/file/fsc-website-virtualtours/juniperhall/index.html?_gl=1*qghf89*_ga*ODcxMzI5MDMzMjE2NjgxNzQ2Mjg.*_ga_KXC04X3GBL*MTY2ODE3NDYyOC4xLjEuMTY2ODE3NDgyMi4wLjAuMA..



- **Wi-Fi:** Free Wi-Fi through-out the centre
- **Rooms:** Accessible by a code written on the back of the door
- **Linen:** All bedding is provided
- **Common Room** with TV, games and hot and cold drinks
- **Outdoor facilities**



Dining

Students will be provided with:

- Hot breakfast
- Packed lunch (**not for the first day*)
- Choice of evening meal
- Free hot and cold drinks. Facilities are dotted around the centre (tea/coffee/juice/water)
- Afternoon cake break each day except the last.

Note the centre caters for any dietary requirements, *these should have been indicated on the consent form.*





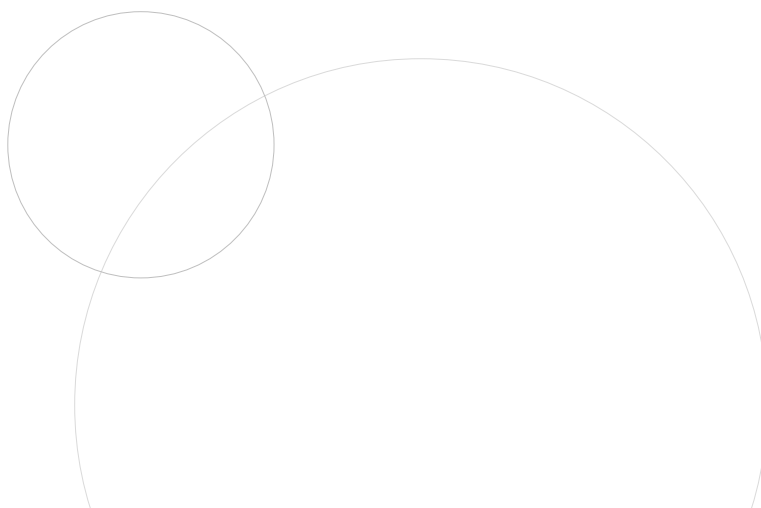
Student behaviour and expectations

- We always expect exemplary behaviour from all students
 - No alcohol, vapes or drugs are to be brought, purchased or consumed on the trip, regardless of age.
This is a school trip and school rules apply as normal.
 - Parents will be contacted by staff if there is a breach of trust and the rules. In serious cases the headmaster will be informed, and a student may be removed from the trip at parents' expense.
- Students are to follow all of the rules set out by the centre
- Students are to follow all instructions given by the centre staff and teachers (loco parentis) supervising the trip.
- **Students are not to leave the field centre at any time of day or night**
- All personal belongings brought on the trip are the responsibility of the student
 - Students are advised not to bring valuable items



Missed lessons and catch up

- It is the student's responsibility to catch up on any missed work including homework/s from other lessons before your next lesson.
- Please communicate and liaise with your subject teachers





Equipment & Kit

- ✓ Towel
- ✓ Pyjamas
- ✓ Wash kit
(please do not bring aerosols as these can set off their fire alarm)
- ✓ **Personal medicines (eg. Asthma inhalers, hayfever tablets etc,**
- ✓ **Antibacterial gel and plasters.**
- ✓ Walking boots/shoes (can be borrowed)*
- ✓ Wellies (can be borrowed)
- ✓ Thermal underwear/thermal base layer
- ✓ Warm trousers *(jeans are not good as become cold when wet)*
- ✓ Warm sweaters
- ✓ Waterproof coat (can be borrowed)*
- ✓ Waterproof trousers (can be borrowed)*
- ✓ Thick socks *(several pairs in case they get wet)*
- ✓ Gloves, hats and scarves
- ✓ Change of clothes for evenings
- ✓ Indoor shoes/trainers
- ✓ Rucksack
- ✓ Folder
- ✓ Notebook
- ✓ Calculator
- ✓ Pencil case with Pencils, pens, ruler, rubbers etc
- ✓ Torch
- ✓ Thermos flask and/or drinks bottle *(empty)*
- ✓ Lunch box/bag
- ✓ Small Umbrella (just in case of rain)
- ✓ **Optional:** Snacks for outside of the main meals *(nut free, no chewing gum)*. Tuck shop open at certain times only. Bring a card as cashless payment is preferable by centre.



**no cigarettes, no vapes/e-cigarettes,
no alcohol (basically no recreational drugs
to be brought on this educational school trip)**

*These items can be borrowed from the centre free of charge, however they recommend you bring your own



Outdoor Health Information

The centre has asked all students to be aware of:

- Ticks
- Harvest mites
 - can cause an itchy rash
- ✓ Do not sit directly on the grass, sit on a waterproof coat or similar to create a barrier
- ✓ Wear long sleeves and trousers, tuck your trousers into your socks, long socks are ideal.
- ✓ Bring a general insect/tick repellent

<https://www.jungleformula.co.uk/products/#Outdoor-and-Camping>



Outdoor Health Information

- **Waterborne diseases**, all year-round. To reduce the risk of contracting waterborne disease at river sites:
- No hand-mouth contact (includes eating/drinking during fieldwork)
- Cleaning hands prior to meals and on return to the Centre
- Covering open cuts that are likely to come into contact with infected water with tape, waterproof dressings and protective gloves
- **If individuals wish to wear gloves for their own peace of mind they may do so.**
- **Rare but most risk is Weil's disease (Leptospirosis) 'flu like symptoms'** See GP, mentioning the possibility of Weil's disease.
- **E. Coli – All year round** By being outside in the environment there is a risk of coming into contact with faecal matter on and in soil, plants, animals and other surfaces that have been in contact with them.
- Risk is massively reduced by simple handwashing with soap and warm water. Where this is not available hand sanitiser will be provided at field sites.
- Waterproof plasters or Nitrile gloves can be worn by course participants if hands have cuts on them
- Symptoms: Diarrhoea, fever, aches and stomach cramps. See GP.

Advice for after trip: If students develop any symptoms within four weeks of return, advised to consult their Doctor, mentioning that they have been on an Ecological field trip and the possibility of water borne infections e.g. Weil's disease/ above infections.

Contact Information

- During School hours: School Office number: 01702 606200
email: enquiries@shsb.org.uk

- Out of school hours and in case of emergency contact:

Trip designated mobile numbers:

mobile1: 07545211616

mobile 2: 07545211623

- On Friday (return day) we will inform the school office of our estimated time of arrival, approximately 1 hour before ETA



Thank You

Mrs Bindi Ghir – TRIP ORGANISER
bqg@shsb.org.uk



Q AND A

ANY QUESTIONS?
