



Harvest Appeal 2023



Most Needed items

Coffee
 Sugar
 Baked Beans
 Spaghetti
 Tinned Tomatoes
 Bolognese Sauces
 Pot Noodles/Packet Noodles
 Tinned Ravioli
 Macaroni Cheese
 Tinned Meats ie, curry, stew
 Long-life Milk
 Jam
 Dog food

Desirable items

Fray Bentos Pies
 Curry Sauces
 Rice Pudding
 Custard
 Biscuits
 Soup
 Teabags
 Squash

Schools, churches and
 community groups can
 arrange to have large
 donations collected by
 contacting
supportercare@harpSouthend.org.uk
 or drop off your
 donation to 103-107 York
 Road Southend. SS1 2DL.
 (Mon-Fri 9am - 4pm)

www.harpSouthend.org.uk
 Charity No. 1098126