

SHSB - MENTAL HEALTH & WELLBEING PROVISION

Senior Mental Health Lead: Gareth March

| Level | Support available | Key People |
|---|--|---|
| Whole School | <ul style="list-style-type: none"> • Tutor support • Assembly programme • PSHE lessons • Termly surveys • Extra- curricular offer • Pastoral Team available to all students • Therapy Dog • Signposting information around the school • Counselling immediately available to all: Kooth • Mental Health First Aiders | All staff Pastoral Team SEND Team PSHE Team Form Tutors |
| Tier 1 <i>Additional pastoral support</i> | <ul style="list-style-type: none"> • Concerns raised via pastoral team - Screening tool and personal support plan completed with Year Leader. • Feedback from screening tool can lead to: <ol style="list-style-type: none"> 1. Mentoring by Year Leader or LSA. 2. Signposting to Kooth (if face to face support is not wanted) 3. Escalation to Tier 2 | Pastoral Team SEND Team Peer Mentors |
| Tier 2 <i>Specialists within school</i> | <ul style="list-style-type: none"> • Referral to Mental Health Support Team • Referral to School Counsellor | Safeguarding Team Pastoral Team Counsellor MHST |
| Tier 3 <i>External specialists</i> | <ul style="list-style-type: none"> • Early Help Hub (incl. family support) via EHFA • CAMHS Referral - (Via SENDCO or MHST) • Educational Psychologist Referral (via SENDCo) • Community Social Work phone consultation (via DSL/DDSL) • Children’s Social Services Referral (via DSL/DDSL) | Safeguarding Team Pastoral Team Children’s Social Services CAMHS Educational Psychologist |