

YEAR 7 TRAINING. (STARTING MONDAY 6th SEPTEMBER 2021)

	Monday	Tuesday	Wednesday	Thursday	Friday
7.45a.m. Morning.		CROSS-COUNTRY (RC/LG/RP)	BASKETBALL (RC)	CROSS-COUNTRY (RC/BB/RP)	
		GAMES CHANGING ROOMS HOUSE PE KIT VEST SPIKES /TRAINERS	SPORTSHALL CHANGING ROOMS HOUSE PE KIT	GAMES CHANGING ROOMS HOUSE PE KIT SPIKES /TRAINERS	
1.00p.m. Lunchtime.	BASKETBALL (RC)	CROSS COUNTRY- CONTRACT BUS BOYS (BB)		CROSS COUNTRY- CONTRACT BUS BOYS (LP)	ALL YRS BREAKTIME BASKETBALL in Uniform with TRAINERS If been to practice in the week
	SPORTSHALL CHANGING ROOMS				
	HOUSE PE KIT (HOUSE VEST)	FOOTBALL (RC/KF)			FOOTBALL (RC/RP)
		GAMES CHANGING ROOMS HOUSE GAMES (RUGBY SHIRT) KIT			GAMES CHANGING ROOM HOUSE GAMES KIT
3.30 After- School.	F I	X T	U R	E S	